

UTAH PEACE OFFICER STANDARDS AND TRAINING
Application for Advanced Officer Certificate

Date: _____

Applicant's Full Name _____
Last First Middle

Address _____ Phone _____

Department _____ Position _____

Requirements (Refer to P.D.S.T. Policy and Procedures on Career Development.):

1. Minimum of three (3) continuous years of peace officer experience.

Department Dates of Employment

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Peace officer experience refers to time served as a certified, full time law enforcement officer. The acceptability of time served as a peace officer in a jurisdiction other than the state of Utah shall be subject to the determination of P.O.S.T.

2. Each applicant must have attained a minimum firearms qualification score of 80% on a P.O.S.T. accepted course during the preceding year. .

Date _____ Score _____ Instructor _____

3. Each applicant must attach evidence of:

- ☐ A. A current CPR card
- ☐ Current breathalyzer / intoxilyzer certificate
- ☐ Current radar certification OR
- ☐ Forty (40) hours of specialized training, directly related to your present assignment (will take the place of B&C).

4. Upon approval of this application, each candidate will be required to attend a four-day, thirty (30) hour advanced officer course.

I certify that the information supplied in this application is true and complete to the best of my knowledge.

Supervisor's Signature _____ Date _____

ADVANCED OFFICER PHYSICAL TESTING PROGRAM QUESTIONNAIRE

NAME: _____

AGE: _____

DEPARTMENT: _____

YES NO **Mark the correct box**

☐ ☐ 1. Have you ever had, or has your doctor ever said you have heart trouble?

☐ ☐ 2. Do you frequently have pain in your heart or chest?

☐ ☐ 3. Do you often suffer from severe dizziness?

☐ ☐ 4. Do you have any orthopedic problem such as arthritis that might be aggravated by exercise?

☐ ☐ 5. Are you over age 65 and not accustomed to vigorous exercise?

☐ ☐ 6. Have you ever been told by a doctor that your blood pressure was too high?

☐ ☐ 7. Is there a good reason not mentioned here why you could not engage in a physical test or an exercise program?

If you have answered "YES" to any question on this sheet you will not be allowed to participate in the Advanced Officer training program.

Signature _____

Date _____

ADVANCED OFFICER PHYSICAL TESTING PROGRAM INFORMED CONSENT AND HOLD HARMLESS AGREEMENT

The purpose of the testing is to determine the physical condition of Advanced Officer Candidates: (flexibility, muscular strength, muscular endurance, and cardiovascular condition). All exercise testing will be supervised and monitored by trained exercise technicians. These activities will include, running, and calisthenic exercises performed in either gymnasium or field settings.

There exists the possibility that certain detrimental physiological changes may occur during physical testing. These changes could include heat related illness, abnormal heartbeats, abnormal blood pressure, and in rare instances, a heart attack. If abnormal changes were to occur, the staff has been trained to recognize symptoms and to take appropriate action, including administering CPR and first aid.

I have read this form and understand that there are inherent risks associated with the physical testing program. I recognize that it is my responsibility to provide accurate and complete health/medical history information and I certify that the answers given to the questions in this application are accurate.

For and in consideration of the Division of Peace Officer Standards and Training allowing me to participate in the Advanced Officer Physical Testing Program, I do hereby agree that "I will hold the State of Utah, Department of Public Safety, Division of Peace Officer Standards and Training, its officers, agents and employees, harmless for any and all injuries to my person that may arise out of the above referenced activity.

Signature _____

Date _____